

## CONTACT

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## **About SLP First Aid**

SLP First Aid is based just outside of Canonbie in Dumfries and Galloway. We offer First Aid and Health and Safety training to individuals, groups and businesses across Dumfries and Galloway, The Borders and Cumbria. Sean, our instructor, has over 10 years of experience in training. As a former Royal Marine, he served as a team medic on two active tours of duty. Following this he became part of a trauma trained emergency response team in the pharmaceutical industry, before setting up SLP First Aid.

## **Training Courses**

SLP offer a range of training courses including Fire Warden and Safe Use of Fire Extinguisher, Manual Handling and a host of First Aid Courses.

Our First Aid courses are designed to give as much practical experience as possible so that candidates can feel confident in their knowledge and abilities.

We also run regular Forestry First Aid (+F) courses in Canonbie and Dumfries, which cover additional content such as emergency planning and remote medical assistance, Catastrophic Bleeding control, crush injuries, effects of extreme temperature and Lymes disease.

With the use of wound simulators, torniquets and hemostatic dressings candidates can practice the skills needed to deal with a catastrophic bleed in the forestry environment, where help may not be immediately available.

## Certification

Qualifications are fully regulated and sit on the Regulated Qualification Framework (RQF) and the Scottish Credit Qualifications Framework (SCQF). First Aid courses are also delivered and assessed in accordance with the current Resucitation Council UK Guidelines.





