



Working with Health and Safety
Professionals to keep lone workers safe
across outdoor industries

Working with Trackplot



Trackplot works closely with Health & Safety professionals and consultants to deliver sensible and practical measures for each client's needs.

We advocate a pragmatic approach requiring a sound Lone Working Policy supported by practical procedures and measures, starting with a review of the lone workers' risk assessments, which will help to scope a fit for purpose solution.

“

As a consultant, it is relatively easy to highlight the need for a client to manage lone working, but to really make it work requires a clear understanding of the client's business and the elements that are unique to the organisation if the risks are to be suitably controlled.

The team at Trackplot work as part of the team rather than just as a supplier to ensure they clearly understand the bespoke nature of our client's business. This has enabled our client to feel comfortable with the system, how it works and the benefits of using it.”

”

*Kevin Clarke, Director,
The Culham Consultancy*

About Trackplot

- ✓ Established 2009.
- ✓ Specialises in protecting lone workers against environmental risks and high risk tasks in remote and hazardous locations.
- ✓ Understands the risks of working in hostile environments.
- ✓ Enables Health & Safety Regulation compliance.
- ✓ Experienced working with all size of organisations – small and large.
- ✓ Collaborate with external and in-house Health & Safety professionals.
- ✓ Knowledgeable of Lone Worker Policy and Procedures development.

Sectors



Land management

Forestry, Estates, Fisheries, Agriculture, Land Agents.



Environmental

Environmental, science and conservation.



Energy

Utilities, Renewable energy, mining and quarrying, waste and recycling.



Local authorities

Particularly supporting local authorities in rural areas.



Construction

Surveyors, planners, site inspectors.



Recreation

Parks, nature reserves, historic sites, outdoor activities and sports.



Transport

Haulage, logistics, repair and maintenance.

Developing partnerships

Why employers need a lone worker monitoring system



A lone worker is someone who works by themselves without close or direct supervision.

[Read more](#)

Lone workers need to be treated differently because...

- There will always be greater risks for lone workers without direct supervision.
- Lone workers behave differently to those working in teams. Working unsupervised and without colleagues they inherently take more risks.
- There is no-one to help them if things go wrong.

HSE guidance

“You must monitor your lone workers and keep in touch with them. Make sure they understand any monitoring system and procedures you use.”

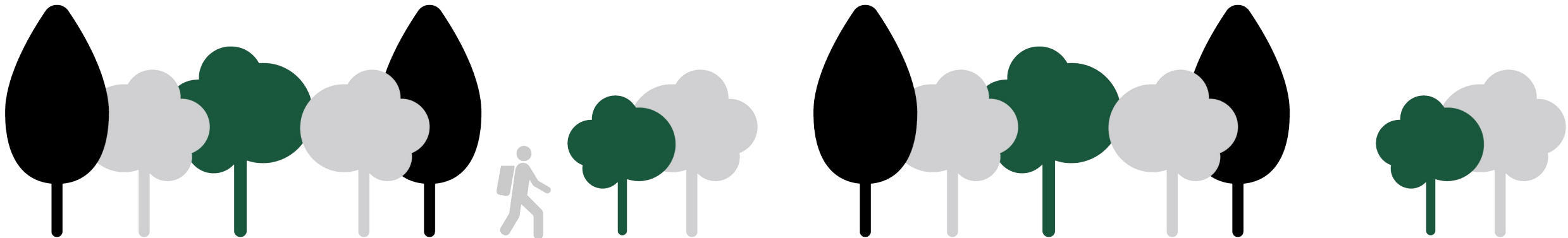
Lone working: Protect those working alone

See section “Monitoring and keeping in touch”

Workplaces which neglect health and safety risk prosecution, may lose staff, and may increase costs and reduce profitability.

Prevention is definitely better than cure.

Trackplot brings peace of mind



The Trackplot system



Trackplot packages



Trackplot World [Read more](#)

- Satellite-based.
- Uses the Global Positioning System (GPS) to find each lone worker's location.
- Does not need mobile phone reception to work.
- Works across the UK and Ireland including all remote areas.
- For convenience, the Trackplot Mobile App is included for use whenever there is mobile signal.



Trackplot Mobile [Read more](#)

For lone workers with a reliable mobile phone reception you can choose our Trackplot Mobile package which works on Android or iPhone smartphones.

**Here for you and your clients,
every step of the way**

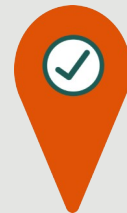


Trackplot Portal [Read more](#)

This is the control centre at the heart of the system where you monitor your lone workers. The Portal is an interactive web-based platform accessible 24/7.



The Portal uses Ordnance Survey mapping, overlays environmental data and integrates with the satellite network, GPS devices, the mobile phone network and the Trackplot Mobile App.



Proof of Life Check-in times

Your lone workers will have pre-agreed "Check-in" times at regular intervals to confirm they are safe. They will "Check-out" at the end of their working day to confirm they have finished lone working.

You can have as many Check-in times as the business needs and these can be around the 24 hour clock.

Check-in times can be reviewed and changed as your business evolves.



Emergency SOS

A vital part of our Trackplot World package for life-threatening medical emergencies. The SOS alert triggers our Alarm Receiving Centre to respond immediately. Read our [SOS case study](#).



What happens if a lone worker is unconscious?

If a lone worker fails to Check-in they become Overdue. Alerts are sent to their Notification Contacts to start your Escalation Procedures to ensure the lone worker is located quickly.



Lone Working Procedures

Your Lone Working and Escalation Procedures are essential so you know what to do if a lone worker goes missing or is hurt. We provide comprehensive guidance and training for your escalation team.



Usage reports

Accessible in your Portal so you can assess usage for compliance reporting and to identify training needs.

The benefits of Trackplot

- ✓ Proof of Life
- ✓ Automatic Notifications
- ✓ Overdue functionality if a lone worker is unconscious
- ✓ Assistance Required
- ✓ SOS Alarm Receiving Centre (ARC)
- ✓ Ordnance Survey mapping, Weather and Environmental data
- ✓ Self-management so you have full control
- ✓ Central management in 1 Portal
- ✓ Usage report
- ✓ Responsive support and management
- ✓ Compliance with Health & Safety Regulations
- ✓ All functionality included in the cost
- ✓ Cost-effective choice



Central management

Trackplot was created specifically for commercial use. The Portal enables all users to be managed

centrally in one account. Reminders and Notifications are sent via SMS and email to your lone workers and their Notification Contacts.



Onboarding, training, support

[Read more](#)

Onboarding

We support you to get your Trackplot system operational as quickly as possible: so you are compliant with health and safety regulations and, more importantly, so you know your lone workers are safe. We provide guidance on your system set up and deployment across your team.

Training

For Lone Workers, Administrators and Notification Contacts. We know from experience that early user engagement and adoption is vital to achieve high usage of any new system.

Responsive support

Technical support from our skilled team to embed the system into your business. Help is on hand to handle all your queries, however simple or complex.



Met Office Weather Warnings and Environmental Maps

[Read more](#)

These services provides UK-wide data to assess current and forthcoming weather conditions. Valuable to plan work, revise schedules which may put lives or property at risk, inform rescue missions.

Functionality



Assistance Required

For low level incidents that are not life-threatening such as a sprained ankle or a flat tyre.



Track

When travelling distances between Check-in times, captures location every 10 minutes.



1 Hour High Risk

For example when working at a body of water or with livestock.



Onsite and Leaving Site

When working across multiple sites.



Groups

Optional, useful if you have a large number of lone workers to categorise them across your organisation.



Additional Check-ins

If required, lone workers can Check-in in addition to their agreed Check-in times to confirm they are OK.